

Truckers Health Team Services

UCT Health's "Truckers Health Team" health membership plan includes the following no deductible / no co-pay telehealth and clinic services (unless otherwise specified), including Health Coaches, Personalized Health Plans, DOT Physicals and primary care services.

Telehealth and Clinic Visits

- Phone / Video / In-person visits

Personalized Health Plans

- Dedicated Health Coaches
- Health Risk Assessment
- Hypertension, Diabetes, Obesity
 - Medical, Nutrition, Lifestyle Guidance
 - Behavior Modification

Primary Care Services

- Physical Exam, Health Screenings
- Upper Respiratory, Sinus Infection
- Illnesses: Cold, Cough, Flu
- Minor Injuries, Wound Care
- Muscle Pains, Strains, Sprains
- Ear Infection, Ear Wax Removal
- Skin conditions: Sunburn, Rashes

Driver/Employee Services

- DOT Physical Exam
- Turnkey Drug Screen Service
 - Collection, Lab, MRO and Reporting
- Urine/Hair Drug Screen Collection
- Breath Analyzer Test (BAT)

Pharmacy Services

- Mail Order to Home or UCT Clinic
- Medication Dispensing in Clinics Where Allowed by State
- **Cost of medications not included**

In-Clinic Lab Services

- Medical Baseline (1 per year)
 - BMI, Blood Pressure, HbA1c (Sugar), Lipid Panel (Cholesterol), TSH (Thyroid), CBC (Blood Count), CMP (Metabolic) and Body Measures
- Flu Shot (1 per year)
- HbA1c (1 per 3 months)
- Lipid Profile (1 per 3 months)
 - Cholesterol – HDL, LDL, Total
- Glucose Finger Stick
- Mono Testing, Rapid Strep Testing
- Tuberculosis Test
- Lab Services Blood Draw

Injection Services (Member Discounts)

Discounted Services for Members

- B-12 Injection
- Diphenhydramine Injection
- Ketorolac Injection
- Ondansetron Injection
- Rocephin 250 mg Injection
- Rocephin 1 gram Injection
- Steroid Injection
- Tdap Injection
- Tetanus Injection

Additional Services (Member Discounts)

- COVID-19 Evaluation / Testing
- Amazing Grass:
 - Organic, green, nutritional superfood

Truckers Health Team Membership Does Not Cover:

- Emergency transportation from a clinic to an Emergency Room
- Chronic pain management
- Alternative therapies such as massage therapy, acupuncture, chiropractic
- Dental care
- Emergency treatment or intensive care
- OB/family planning, maternity/prenatal care
- Hospital care / Outpatient surgery center care
- Emergency psychiatric
- Attending physician at hospital
- Cost of filling prescriptions
- Cosmetic surgery
- Drug and alcohol dependency treatment
- Hearing care / Vision care
- Psychiatric care
- Lab work / analysis performed by 3rd party labs
- UCT Health will work with Truckers Health Team members to help schedule diagnostic procedures not available in the clinic including X-rays, CT scan, MRI, advanced cardiac tests, advanced radiology, ultrasound, mammograms and other procedures.
 - Please note that these procedures are paid for by the Truckers Health Team member.
- **Services not explicitly listed in the Truckers Health Team Services section, including Primary Care Services, Driver/Employee Services and In-Clinic Lab Services.**

Disclaimer: UCT Health's Truckers Health Team is not health insurance nor an official ACA Major Medical Plan. Truckers Health Team is a health membership plan but does not include hospitalization or emergency services.